

A FAMILY GUIDE TO CYBERSECURITY

CYBERSECURITY AWARENESS MONTH

The digital world is full of ways to learn, create and connect. A few simple habits let you explore with confidence. Read this together, talk it over, and build your own family routine.

TRY THIS PASSPHRASE

I-love-building-robots-in-space!

Long and fun beats short and tricky. Easy for you to remember, hard for anyone else to guess.

1 THINK BEFORE YOU TAP

Scammers use fake texts, emails and DMs to rush you into tapping. Pause and look for the signs.

- ✓ Offers that sound too good to be true
- ✓ A push to act right now
- ✓ A strange message from a friend (their account may be taken over, so check with them another way)
- ✓ Requests for private information

Your move: if it feels off, don't reply or tap. Delete it.

2 KEYS TO YOUR DIGITAL KINGDOM

- ✓ **Long and unique.** Use a passphrase, and a different one for every account, so one slip never opens the others.
- ✓ **Let a tool remember them.** A password manager can keep track so you don't have to.
- ✓ **Add a second lock.** Turn on multi-factor authentication: your password plus a code from a trusted device.
- ✓ **Keep them private,** even from close friends.

3 YOUR INFORMATION IS VALUABLE

What you post builds a digital footprint that can last.

- ✓ Skip your phone number, address and location
- ✓ Check privacy settings often: who sees, tags and messages you
- ✓ Install updates when your device asks

4 WHEN IN DOUBT, TALK IT OUT

Students: if anything online feels uncomfortable, worrying or confusing, tell a parent, guardian or trusted adult. You won't be in trouble for speaking up. It's the bravest thing you can do.

Parents: make it safe to bring you anything, without fear of losing a device. Listen, solve it together, and put their safety first.



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